Packing List: VISIONS BVI

PLEASE NOTE

- Temperatures tend to range from the mid-70s to low-90s (Farenheit), and most days will find us in t-shirts and shorts.
- Our dress code is based on the requests of our hosts, as we will be part of their community in a professional capacity. Articles of clothing *not* permitted may be found in the *PACKING GUIDELINES* section of the <u>BVI FAQ</u> page.
- Remember that comfort and versatility are more important than fashion, and clothes will get dirty.
- We do laundry weekly and wash by hand as needed, so please don't pack more than what's listed since space is limited.
- Please label all clothing and gear with indelible ink.

*Before shopping for items and packing your bags, it is important to read our *PACKING GUIDELINES* on the <u>BVI FAQ</u> page.

DOCUMENTS (bring the following documents with you to give to your VISIONS leaders onsite)

- □ Copy of vaccination record
- Covid test results
- Covid vaccine card (make sure this *isn't* a copy)
- Copy of health insurance card, front and back
- Completed <u>Consent to Travel form</u>
- Copy of passport

PERSONAL ITEMS

- □ Passport (see PASSPORT / ID on the BVI FAQ for details)
- □ \$20 for Departure Tax fee (paid at airport)
- □ <u>iHealth Rapid Covid Test</u> if traveling back to the US (<u>free via USPS</u>)
- □ Toiletries and any personal medications
- □ 1 personal hand sanitizer
- Biodegradable soap and shampoo (Dr. Bronner's is one recommended brand)
- □ Sunscreen
- □ Bug repellent (~4 oz)
- Towel
- □ Headlamp or flashlight (for reading at night)
- □ Twin-sized sheets (fitted and top sheet)
- Lightweight, small blanket (although it's rare, some nights get cool)
- Pillow (can be travel-sized and brought as a carry-on)

- Daypack/bookbag. You will use this on a daily basis for the worksites and outings, where you'll carry your water bottle, work gloves, hand sanitizer, etc. Most students take this as a carry-on during the flight.
- □ Sunglasses
- □ Water bottle
- □ Leather work gloves
- □ Laundry bag

CLOTHING

- □ Work sneakers or hiking boots
- Sandals with straps (Tevas, Chacos, etc.) or flip-flops (for showers, beaches, etc.)
- Lightweight rain jacket or poncho
- Lightweight long-sleeve work shirt for sun protection
- □ 5 6 t-shirts (spaghetti straps, crop tops, and tops that reveal undergarments are NOT permitted; See **PACKING GUIDELINES*)
- □ 1 pair of jeans or lightweight work pants
- □ 4 5 pairs of shorts (if they are shorter than mid-thigh, you won't be able to wear them)
- 5 pairs of socks
- Undergarments
- □ Sleepwear
- Swimsuit (one-piece only for girls)
- Baseball/sun hat

OPTIONAL

- Cell phone with <u>WhatsApp</u> downloaded
 - ☐ Having WhatsApp downloaded is helpful for airport logistics and the weekly calls home.
- Spending money (See *PACKING GUIDELINES)
- Camera (not a phone)
- □ Snorkel and mask or goggles
 - ☐ These are provided for the SCUBA trip, but please bring your own if you think you will enjoy using them on other days. There are many beautiful snorkeling spots!
- Book (no e-books)
- Musical instrument
- Bandana
- Camp chair or portable backrest / stadium seat that sits directly on the ground (used for group meetings)